

Preparing for Mt. Whitney – Resources

Mt Whitney Zone Map – Tom Harrison

Books

- Mount Whitney: The Complete Trailhead to Summit Guide by Paul Richins Jr
- Mount Whitney: Mountain Lore from the Whitney Store by Doug Thompson and Elisabeth Newbold

Facebook Groups

- Mt Whitney
- Altitude Acclimatization
- Ladies of the JMT

Blog

- The Hiking Guy - <https://hikingguy.com/hiking-trails/best-la-hikes/mt-whitney-hike/>

Weather Monitoring

- <https://www.mountain-forecast.com/>
- <https://www.weather.gov/>

Whitney Portal Store – Doug Thompson

Meetup and other hiking groups