

2023 Los Padres Wilderness Basics Course
Conditioning Day Hikes
Saturday, February 18, 2023

Trip Grading System

The grade is a 3-part code describing the difficulty of the outing. The first part, a letter, refers to the overall difficulty of the trip. The second part, a number, states the number of miles that will be traveled on the longest day. The third part, another letter, refers to the total cumulative elevation gain, or loss, for the longest day.

Difficulty

E = Easy

M = Moderate

S = Strenuous

Mileage

This is the number of miles, rounded to the nearest mile, traveled on the longest day of the trip.

Elevation Gain/Loss

A = less than 500 ft.

B = 501 to 1000 ft.

C = 1001 to 2000 ft.

D = 2001 to 3000 ft.

E = over 3001 ft.

Example: M8C

"M8C" would be a moderately difficult trip with an 8-mile hike on the longest day and which could climb or descend up to 2000 feet in one day.

All hikers bring: daypack, lunch, water, 10 essentials, boots or sturdy hiking shoes

Time: All hikes will start at 8:30 AM from the Satwiwa Cultural Center. Please be at the Cultural Center by 8:15 AM.

Directions to the trailhead

From the 101, exit Wendy Drive and drive 2 miles south to Lynn Road. Turn right on Lynn road and continue 1.7 miles to Via Goleta - there will be signs for National/State Parks. Turn left on Via Goleta and take the road all the way to the end and park in the parking lot. The trail to the Satwiwa Cultural Center is to the immediate right of the restrooms at the end of the parking lot. The trail will soon join a wide dirt road. Continue along the road for 1/4 mile to the Cultural Center. Hiking distances in the above descriptions include the 1/2 mile round trip from the parking lot to the Cultural Center.

1. Windmill E3A

Outing Leader: Alisse

Grade: Easy

Assistant Leader: Cara

Enjoy a 2.7 mile loop with about 350 ft of gain and loss. We'll start at the Satwiwa Center, hike towards an old ranch windmill with a short uphill stretch, then finish our uphill section with some switchbacks that are steep, but short, and lead to a high point. We'll have views of the east side of the Santa Monica National Recreation Area and also Thousand Oaks as

we descend to the valley floor and then travel west on an old ranch road. The last section is paved and leads us back to our starting point. Wear hiking boots or sturdy shoes. Bring snack, water, and other 10 essentials. For more info, email Alisse at alissefisher@gmail.com

2. Creek Trail M4B
Outing Leader: Pete

Grade: Moderate
Assistant Leader: John

Enjoy a moderate 4.1 mile loop with about 650 ft. of elevation gain and loss. We'll start at the Satwiwa Cultural Center and hike across an open meadow to the Boney Mountain Trail. We'll then climb a short hill, then descend down to the canyon floor and Big Sycamore Creek. We'll follow the creek through the canyon for 1.4 miles, descending 400 feet to end up on the paved road of Big Sycamore Canyon. We'll then have a heart-pounding 400 ft. climb up the blacktop to the western edge of the meadow we crossed at the start of the hike. A short 1/4 mile walk will return us to the Satwiwa Cultural Center. Wear hiking boots or sturdy shoes. Bring snack, water, and other 10 essentials. For more info, email Pete at pchavez33@yahoo.com

3. Danielson Monument M6C
Outing Leader: Maureen

Grade: Moderate
Assistant Leader: Scott, Bill

Enjoy a moderate 5.5 mile hike with about 1400 ft. of elevation gain and loss. We'll hike with the other moderate group for the first mile to Big Sycamore Creek. 2/10 of a mile past the creek, we'll meet the Old Boney Trail and climb 450 feet over the next 0.8 of a mile. Along the way, we'll be passing in and out of the burn area of the Camarillo Springs fire, offering a unique opportunity to see what the area looks like both before and after a major fire. Great views of Newbury Park and Sycamore Canyon will be visible from the trail. After our climb, we'll leave the Old Boney Trail and hike 4/10 of a mile to Danielson Monument, where we'll take a break and look around this site of an old homestead. After our break, we'll retrace our steps back to our cars. Wear hiking boots or sturdy shoes. Bring snack, water, and other 10 essentials. For more info, email Maureen at moenandez@gmail.com

4. Fossil Trail S6C
Outing Leader: Victoria

Grade: Strenuous
Assistant Leader: Jim

Test your mettle on today's strenuous offering - a 6.1 mile loop with 1650 ft. of elevation gain and loss. We'll hike with the moderate group for the first mile to Big Sycamore Creek. 2/10 of a mile past the creek, we'll meet the Old Boney Trail and climb 800 feet over the next 1.5 miles. Along the way, we'll be passing in and out of the burn area of the Camarillo Springs fire, offering a unique opportunity to see what the area looks like both before and after a major fire. Great views of Newbury Park and Sycamore Canyon will be visible from the trail. Once we reach our high point, we'll descend for 3/4 of a mile until we reach Fossil Trail. We'll follow the 1 mile long Fossil Trail for a steep 800 foot descent to the paved

road of Big Sycamore Canyon. We'll then have a heart-pounding 400 ft. climb up the blacktop to the western edge of the meadow we crossed at the start of the hike. A short 1/4 mile walk will return us to the Satwiwa Center. Wear hiking boots or sturdy shoes. Bring snack, water, and other 10 essentials. For more info, email Victoria at vic.vohland@gmail.com

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